START

CHARCUTERIE - prosciutto, genoa salami, blue cheese, Brie, olives, apple chutney, mustard, grilled bread 26.95

GARLIC BREAD - perfectly classic with sun dried tomato spread 12.95

SUMMER TOMATO SOUP - fresh tomatoes simmered with white wine herbs and roasted garlic FULL 8.95 | HALF 4.95

TUNA STACK - tamari orange marinated tuna, on avocado micro greens & taro chips 17.25

DIP DUO - Tuscan white bean dip, grilled pepper, spicy feta dip, taro chips & grilled naan 16.55

BOWLS

THE COBB - classic dish with avocado, bacon, hard boiled egg & blue cheese on crisp greens in red wine vinaigrette soo yummy 18

TERIYAKI SALMON - served cold grilled marinated salmon on soba noodles, Carrots, cabbage, toasted peanuts, green onion & edamame beans tossed in teriyaki dressing 23

TUNA POKE BOWL - sesame, ginger marinated ahi tuna on jasmine rice with edamame beans, cucumber carrot sprouts 23

NIAGARA SALAD

Dark greens topped with grapes, pecans, goat cheese & crisp prosciutto 17

CEASAR - with our house made creamy Caesar dressing, crisp bacon, crostini & shaved Parmesan. 15

GIARDINI SALAD -White bean, mixed greens, roasted peppers, feta cheese, cucumbers, tomatoes, balsamic dressing 17

ADD CHICKEN \$7 | ADD SALMON \$9 | ADD BEEF \$12



HAND HELD

SERVED WITH SOUP OR MIXTA & TARO CHIPS

ROAST CHICKEN PANINI - basil aioli, roasted red peppers & goat cheese 18

TURKEY CLUB WRAP - bacon, tomato, romaine lettuce, cheddar & mayo 18

REUBEN PANINI - a classic sandwich made with corned beef, Swiss cheese, sauerkraut, house made Russian dressing on marble rye 19

AVOCADO TOAST - whole grain bread topped with avocado, garlic confit, tomato, red onion, sprouts & seeds 17

BRIE CHEESE GRILL - brie cheese with a green apple chutney on sour dough 17

CLASSIC

FRITTATA OF THE DAY - ask about todays flavours served wit a Mixta or Caesar salad 18

SUMMER VEGETABLE LASAGNE - cheesy layers of grilled veg, mozzarella and noodles served with cherry tomato sauce 20

THE TEA HOUSE RESTAURANT is operated by

BERRY HILL FOOD CO.

RESTAURANT | CATERING